

Training

Autumn 2024

(2nd half-term)

Reaching Families offer a range of free training courses and workshops to parents and carers of children and young people with special educational needs and disabilities in West Sussex



Training Workshops

November

Understanding Demand Avoidance	Thursday 7th	7.30pm
Making Sense of Education Health & Care Needs Assessments & Plans (EHCPs)	Wednesday 13th	10.30am
Understanding Autism in Girls	Thursday 14th	10.30am
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Tuesday 19th	7.30pm
Making Sense of Behaviours that Challenge (age 2-11 years)	Tuesday 26th	7.30pm
Making Sense of Disability Living Allowance (DLA)	Friday 29th	10.30am

December

Making Sense of Wellbeing: How to improve your mood	Tuesday 3rd	7.30pm
Understanding Sensory Processing Differences	Thursday 5th	10.00am
Making Sense of Adult Life: Moving on (15+)	Wednesday 11th	7.30pm

All training above will be delivered via Zoom



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All our workshops are free of charge, for more information or to book a place, please visit our Eventbrite page or scan the QR code.

<https://reachingfamilies.eventbrite.com>



www.reachingfamilies.org.uk

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