

PSHE/RSHE Yearly Overview

Units taken from the 3D PSHE Scheme of Work

		Autumn		Spring		Summer	
		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Transition Rules and expectations Class Charter	<p><u>Rules and Responsibilities</u> Taking Turns Lending/Borrowing Sharing RRS-Right to be Treated Fairly</p> <p><u>Emotions</u> Happiness Anger Love Aspirations</p> <p><u>RSHE</u> Mental Health Self-Esteem Body Confidence NSPCC 'Pantosaurus'</p>	<p><u>Bullying</u> Defining bullying The Ugly Duckling Behaviour</p> <p><u>RSHE</u> Self-Esteem Body Confidence NSPCC 'Pantosaurus'</p> <p>RRS - Article 19 Article 36</p> <p><u>Changing and Growing</u> Emotions RRS - Article 12 Right to be listened to</p>	<p><u>Fairness</u> Defining fairness Kindness</p> <p><u>RSHE</u> Respectful behaviour NSPCC 'Pantosaurus'</p> <p>RRS - Right to be Treated Fairly</p> <p><u>Money and Finance</u> Money 1 RRS - Article 26</p>	<p><u>Rules and Responsibilities</u> Caring RRS - Right to be Treated Fairly</p> <p><u>Healthy Lifestyle</u> Healthy Eating RRS - Right to be Healthy and Article 24</p> <p><u>Keeping Safe</u> Road Safety Personal Safety Emotional Safety</p> <p><u>RSHE</u> Rail Safety RRS - Right to be Safe Article 12 NSPCC 'Pantosaurus'</p> <p><u>Money and Finance</u> Money 2</p>	<p><u>Communities</u> Belonging</p> <p><u>RSHE</u> Prejudiced Behaviour RRS - Article 15 NSPCC 'Pantosaurus'</p> <p><u>Hygiene</u> Dental hygiene RRS - Right to be Healthy Article 24</p> <p><u>Family and friends</u> Friendship Family 1 RRS- Article 15 Right to be Treated Fairly and Listened to</p>	<p><u>Communication</u> Feelings Cooperation RRS - Article 12 Right to be Treated Fairly and Listened to</p> <p><u>Healthy Lifestyle</u> Physical activity RRS - Article 24</p> <p><u>Changing and Growing</u> The Human Body Responsibility RRS - Right to be Treated Fairly</p> <p><u>Family and friends</u> Family 2</p> <p><u>RSHE</u> NSPCC 'Pantosaurus'</p>
Year 2	Transition Rules and expectations Class Charter	<p><u>Communities</u> Our School Belonging</p> <p><u>RSHE</u> Personal Space & Privacy Inclusive Behaviour NSPCC 'Pantosaurus' RRS - Article 15</p> <p><u>Keeping Safe</u> Sun Safety Being safe at sea RRS - Right to be Healthy Article 24</p> <p><u>Rules and Responsibilities</u> Lending/Borrowing Sharing</p>	<p><u>Bullying</u> Defining bullying Unkindness Behaviour</p> <p><u>RSHE</u> Self-Esteem Body Confidence NSPCC 'Pantosaurus'</p> <p>RRS - Article 19 and 36</p> <p><u>Changing and Growing</u> Emotions RRS - Article 12</p> <p><u>Keeping Safe</u> Drug Safety</p> <p><u>RSHE</u> Rail Safety RRS - Article 33</p>	<p><u>Communities</u> Local citizenship RRS - Right to be Treated Fairly</p> <p><u>Money and Finance</u> Money RRS - Article 26</p>	<p><u>Communication</u> Responses Opinions Cooperation RRS - Article 12 Right to be Treated Fairly and Listened to</p>	<p><u>Fairness</u> Fair and unfair Comparisons Behaviour Right and wrong Teasing RRS - Right to be Treated Fairly and Listened to Article 18,19 and 36</p> <p><u>Emotions</u> Sadness Consequences</p> <p><u>RSHE</u> Self-Esteem Body Confidence RRS - Right to be Treated Fairly and Listened to</p> <p><u>Family and friends</u> Friendship RRS - Article 15</p>	<p><u>Healthy Lifestyle</u> Healthy Eating Physical activity RRS - Article 24</p> <p><u>Changing and Growing</u> The Human Body Growing up</p> <p><u>RSHE</u> Self-Esteem Body Confidence</p> <p><u>Hygiene</u> Washing hands Keeping clean Skin RRS - Right to be Healthy Article 24</p>